



Caregiving Resources: Books and Websites



General Caregiver Books

Books for all caregivers:

- Abramson, Alexis. Caregiver's Survival Handbook: How to Care for Your Aging Parent Without Losing Yourself. Perigee Books, 2004.
- American Medical Association. American Medical Association guide to home caregiving. New York: Wiley, John & Sons, Inc., 2001.
- Barg, Gary, Ed. Dulles. The Fearless Caregiver: How to Get the Best Care for your loved one and still have a life of your own. VA: Capital Books, Inc, 2001.
- Battino, Rubin. Coping: A practical guide for people with life-challenging illness and their caregivers. Bancyfelin, Carmarthen, UK: Crown House Publishing, 2001.
- Berman, Claire, Brody, Deborah (Ed.). Caring for yourself while caring for aging parents: How to help, how to survive. New York: Henry Holt & Company, Inc., 2001.
- Brammer, Lawrence and Bingea, Marian. Caring for yourself while caring for others: A caregiver's survival and renewal guide. New York: Vantage Press, 1999.
- Brown, Deni. Caregiver's handbook. New York: DK Publishing Merchandise, 1998.
- Bumagin, Victoria and Hirn, Kathryn. Caregiving: A guide for those who give care and those who receive it. New York: Springer Publishing Company, Inc., 2001.
- Bucholz M.D., William M. and Buchholz PhD, Susan W. Live Longer, Live Larger: A Holistic Approach for Cancer Patients and their Families. O'Reily & Associates, Inc., 2001.
- Canfield, Jack; Thieman, Leann; and Victor Hansen, Mark. Chicken Soup for the Caregiver's Soul: Stories to Inspire Caregivers in the Home, the Community, and the World. Health Communications, Incorporated, 2004.
- Capossela, Cappy and Warnock, Sheila. Share the Care: How to Organize a Group to Care for Someone Who Is Seriously Ill. Fireside, 1995.
- Doka, Kenneth J. and Davidson, Joyce, Eds. Caregiving and Loss: Family Needs, Professional Responses. Hospice Foundation of America, 2001.
- Free, Betty. Quiet moments for caregivers. Wheaton, IL: Tyndale Press, 2002.
- Gray-Davidson, Frena. The caregiver's sourcebook. New York: McGraw Hill, 2001.
- Hersch, Fred. Nourishing the caregiver. Boulder, CO: Belle Curve Records, 1999.
- Hodges, Houston. Circle of years: A caregiver's journal. Harrisburg, PA: Morehouse Publishing, 1998.
- Holland M.D., Jimmie C. and Lewis, Sheldon. The Human Side of Cancer: Living with Hope, Coping with Uncertainty. HarperCollins, 2000.
- Jones, Theola. The caregiver's companion. Ann Arbor, MI: Proctor Publications, 2000.
- Joyner, Brenda L. Chemo Sabe: A Guide to Being a Personal Advocate for a Chemotherapy Patient. Polonius Press, 2003.
- Kane M.D., Jeff. The Healing Companion: Simple and Effective Ways You Presence Can Help People Heal. Harper San Francisco, 2001.
- Karpinski, Marion. The home care companion's quick tips for caregivers. Medford, OR: Healing Arts Communication, 2001.

- Loverde, Joy. Complete Eldercare Planner: Where to Start, Which Questions to Ask, How to Find Help. Crown Publishing Group, 2000.
- Lynn M.D., Joanne and Harrold M.D., Joan. Handbok for Mortals: Guidance for People Facing Serious Illness. The Center to Improve Care of the Dying. Oxford press, 2001.
- Marcella, Dee. Who cares: A loving guide for caregivers. North Attleboro, MA: Douglas Charles, Limited, 2002
- Meyer, Maria and Derry, Paula. The comfort of home: An illustrated step-by-step guide for caregivers. Portland, OR: LLC Publishing, 2002.
- Mints, Suzanne. Love, honor and value yourself: A message for family caregivers. Dulles, VA: Capital Books, Inc., 2002.
- Mollette, Glenn. Silent struggler: A caregiver's personal story. Kingsburg, CA: GMA Publishing & Inspiration Press, 2000.
- Perry Jr., Charles. The caregiver. Rocklin, CA: Nethope Publishing, 2000.
- Salvucci, Pauline. Self-care now! 30 tips to help you take care of yourself and minimize caregiver burnout. Cape Elizabeth, ME: Pauline Salvucci, Publisher, 2001.
- Samples, Pat. Comfort and be comforted: Reflections for caregivers. Chicago, IL: ACTA Publications, 2001.
- Schonhoff, Shelly and Speaker, Joanna. Family caregiver guide: A comprehensive handbook for caring for your loved one at home. Dubuque, IA: Simon & Kolz Publishers, 1998.
- Storm, Kay. A caregiver's survival guide: How to stay healthy when your loved one is sick.. Downers Grove, IL: Intervarsity Press, 2000.
- Twichell, Karen and Parker , T. Jefferson. A caregiver's journey: Finding your way. Campbell, CA: IUniverse.com, 2001.
- Walker, D. Vita log: A home caregiver's daybook. South Fallsburg, NY: Grace Associates Publishing, 2002.
- Wilkinson, James. A family caregiver's guide to planning and decision making for the elderly. Minneapolis, MN: Fairview Press, 1999.
- Witrogen McLeod, Beth. And Thou Shalt Honor: The Caregiver's Companion. Rodale Press, Incorporated, 2003.
- Wright, Marion. With love: A caregiver's journal. San Jose, CA: Writers Club Press, 2000.
- Zikmund-Fisher, Naomi. Across the chasm: A caregiver's story. Highland Park, IL: BMT InfoNet, 2002.

Web sites:

- American Association of Retired Persons: www.aarp.org
- American Cancer Society: <http://www.cancer.org>
- American Society of Clinical Oncology:
<http://www.oncology.com/plwc/Home/0,47466,,00.html>
- Caregiver Assistance Network: <http://www.cssdoorway.org/can/>
- Caregivers.com: <http://www.caregivers.com/>
- Caregiver Network, Inc.: <http://www.caregiver.on.ca/>
- Family Caregiver Alliance: <http://www.caregiver.org/index.html>
- Family Care Research Program: <http://www.cancercare.msu.edu>

- National Cancer Institute: <http://www.nci.nih.gov/>
- National Family Caregivers Association: <http://www.nfcacares.org/>
- National Organization for Empowering Caregivers: <http://www.care-givers.com/>
- Rosalyn Carter Institute for Human Development: <http://rci.gsw.edu/care-net.htm>
- Today's Caregiver: <http://www.caregiver.com/index.html>
- Empowering Caregivers: <http://www.care-givers.com/community/chat/chat.htm>